Herfstcriterium 2026: Session: 4: Startlist per athlete for TEAM: KAZS

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Valvekens Cindy

Coaches: Lievens Stijn HEADCOACH

Coaches: Dormaels Caroline

PB => Personal Best time

Athlete: DE CAT DO

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M MEDLEY WOMEN 13+	21	11	1	01:21.13	no time	14:50	01:25
200M BACKSTROKE WOMEN 13+	24	10	7	02:47.38	02:55.20	16:15	

Athlete: DEGREEF EMELIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE WOMEN 11-12	26	3	8	01:51.35	01:54.45	17:00

Athlete: DEXTERS MILA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BUTTERFLY WOMEN 11-12	22	13	4	00:36.05	00:40.87	15:20	01:55
100M BREASTSTROKE WOMEN 11-12	26	11	8	01:39.47	01:48.70	17:15	

Athlete: FEYAERTS SAVANNAH

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	8	1	01:22.90	no time	14:45

Athlete: GERARD CARYS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M MEDLEY WOMEN 13+	21	14	3	01:18.38	no time	14:55	01:20
200M BACKSTROKE WOMEN 13+	24	10	5	02:44.92	02:53.92	16:15	

Athlete: LEMBRECHTS KAAT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BUTTERFLY WOMEN 11-12	22	7	3	00:41.91	00:42.60	15:10	02:10
100M BREASTSTROKE WOMEN 11-12	26	12	1	01:37.73	01:43.30	17:20	

Athlete: LEMBRECHTS SIEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M MEDLEY WOMEN 13+	21	12	1	01:19.02	no time	14:50	01:20
200M BACKSTROKE WOMEN 13+	24	8	1	02:53.42	03:02.57	16:10	

Athlete: LENDERS ESTEBAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	2	4	01:34.91	01:29.64	16:35

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Athlete: LENDERS PABLO

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M BREASTSTROKE MEN 13+	20	3	6	01:33.25	01:44.61	14:05	01:15
50M BUTTERFLY MEN 13+	23	2	3	00:39.96	00:40.09	15:20	

Athlete: PUT JULIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BUTTERFLY WOMEN 11-12	22	2	5	00:52.07	00:49.97	15:05	02:00
100M BREASTSTROKE WOMEN 11-12	26	5	2	01:48.78	01:51.29	17:05	

Athlete: SILVERANS MILA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M MEDLEY WOMEN 13+	21	15	7	01:13.40	no time	14:55	01:30
200M BACKSTROKE WOMEN 13+	24	12	1	02:42.16	02:45.48	16:25	

Athlete: SMEKENS ELLA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	13	5	00:37.47	00:36.43	15:20

Athlete: VANHELMONT DANTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 13+	23	14	8	00:29.82	00:30.46	15:35

Athlete: VERBRUGGEN MATS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
100M BREASTSTROKE MEN 13+	20	12	3	01:18.08	01:22.06	14:25	01:05
50M BUTTERFLY MEN 13+	23	10	3	00:32.11	00:33.48	15:30	

Athlete: VERHEYEN CHARLOTTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	3	2	00:48.22	00:48.87	15:05

Athlete: VERHEYEN STEPHEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 13+	23	10	7	00:32.42	00:32.71	15:30

Athlete: WILLEM NORE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BUTTERFLY WOMEN 11-12	22	6	5	00:42.77	00:48.66	15:10	01:55
100M BREASTSTROKE WOMEN 11-12	26	6	4	01:45.41	01:50.93	17:05	

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Athlete: WILLEN LENTHE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	5	8	00:44.65	00:45.43	15:10 02:00
100M BREASTSTROKE WOMEN 11-12	26	8	1	01:43.66	01:49.90	17:10

Athlete: WILLEN LUNA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	6	5	01:24.93	no time	14:40 01:15
200M BACKSTROKE WOMEN 13+	24	5	7	03:04.28	03:12.82	15:55

Athlete: WINNEPENNINCKX FELIX

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	7	3	01:17.11	01:23.83	16:45